

East Lambton is Bus Zone 1 Principal: Kari Aubertin Secretary: Suzanne Thorne Phone: 519-346-2755

October 2023 Newsletter

Principal's Message: As our second month gets underway, staff and students are settling in nicely with routines and learning. Thank you to everyone for your understanding and patience during our recent class re-organization. It is not an easy process, but everyone handled the changes very well and showed a great deal of resiliency.

Thank you to those that were able to join us for our Meet the Staff evening on Sept. 28th. We had a great turnout and enjoyed connecting with so many families. We are also very appreciative to the Watford and Area community groups that gave up some of their time to be a part of our evening to share information about their organizations with families.

We recognize that not all families are not always able to attend our events. If you have any concerns or questions, please reach out to your child's teacher, and have a conversation about supports, next steps, etc. Communication between home and school is key to your child's success.

Follow us on X (formerly Twitter) @LambtonEast

Safe Arrival:

Our school day begins with an entrance bell at 9:05 a.m. Students are supervised on the schoolyard from 8:50 a.m. until the entry bell rings. Students are not permitted on the school yard before 8:50 a.m. as their safety on the yard cannot be monitored without a staff member present.

Generous Donations:

THANK YOU to the Staples for Education in Partnership with Sarnia Lambton Golden K, Forest, Seaway, and Petrolia and Area Kiwanis Clubs for their recent donation of school supplies to our school. We are so fortunate to have such a supportive community!

The annual Terry Fox Run is a fall tradition for our school community and your support for this event is very much appreciated. Together, we raised \$628.05 for the Terry Fox Foundation. THANK YOU for your continued support of this worthwhile cause!

Upcoming Dates:

October 2 – Picture Day

October 3 – NLEAA Cross Country Meet at Lambton Centre (rain date October 5)

October 6 – PA Day (no classes for students)

October 9 – Thanksgiving Day (no classes for students)

October 17 – IEP's go home

November 1 – Forest Area of Schools Meeting @ East Lambton, 5 pm in ELES gymnasium

The school calendar of events can be accessed through our website. Please visit our website often, as updates will be added to the site on a regular basis. A copy of the newsletter will also be posted on the website. To access the website, please visit https://www.lkdsb.net/school/eastlambton/Pages/default.aspx#/=

Reminders/Information for Parents:

Cell Phones and Electronic Devices: All electronic devices, such as cell phones, media players, digital game devices, computers and cameras <u>are not to be used</u> while the student is on school property before, during, or after school without the permission of school personnel and only for educational purposes. If a student has a cell phone, he/she is responsible for the cell phone at all times and the <u>cell phone is to be always stored in their locker.</u> Cell phones can be left at the office if your child is worried about it being left unattended in their locker. At no time will students use electronic devices for digital, audio or video recording without permission from the teacher. The school is not responsible for lost, damaged or stolen property.

Fire Prevention Week October 9-13: Fire Prevention Week is the week of October 9^{th,} and the Fire Prevention Officer will be at our school on Thursday October 12th speaking with students and discussing the importance of having a fire escape plan. Take a few minutes with everyone in your household to make and practice a home fire escape plan. For more information, visit the Ontario Association of Fire Chiefs website https://www.oafc.on.ca/public-safety/fire-escape-plans.

Food & Allergies: Please be aware that we are a "Nut Free" school and as a result, we ask that parents not send foods containing nuts (including peanuts and tree nuts), to school to protect the safety of all members of our school community. This includes any peanut substitution products, as once the product leaves your home, it is impossible to tell the difference. We recognize that this is an inconvenience for some families but thank you in advance for respecting the health needs of others. For great suggestions on nut free lunches, visit www.eatrightontario.ca.

Inclement Weather: East Lambton School is in Zone 1. Please listen to local radio stations, visit www.schoolbusinfo.com, or download the My SBI Mobile App to receive updates on bus delays or cancellations due to inclement weather or other. Busses in the morning that have been cancelled in the morning due to inclement weather will not return students to school in the afternoon. If parents drive students to school in the morning, they are responsible to pick their children up and take them home in the afternoon. Busses that have been cancelled in the morning due to fog will operate in the afternoon and to return students to their homes. Please remember to call the school if your child will be absent due to bus cancellations.

Medication: Medication, both prescription & non-prescription, should not be administered to students by school staff. Specific criteria must be met for staff to administer prescription medication when it cannot be administered from home. An "Authorization for the Administration of Oral Medication" form (available from the office), must be completed by the parent/guardian and physician, then forwarded to the Principal for each school year. This includes the administration of occasional use medications as well. Should your child have a medical need (such as a severe allergy) that requires special emergency attention please inform the school and an "Individual Medical Emergency Plan" will be put in place. The forms for this purpose are available in the office.

School Cash Online: Please remember to sign up for school cash online; info available on our East Lambton website and the LKDSB website. Pay school fees online as a convenient option. https://lkdsb.schoolcashonline.com

School Clothing: https://eastlambtonfall2023.itemorder.com/shop/sale/ Order clothing directly through Team Outfitter online store Open until October 9.

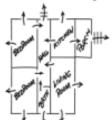
Water Bottles: Students are encouraged to bring a reusable water bottle to school each day and bring it home to be washed at the end of each day.

Develop a home fire escape plan today... It could save your life tonight!

Fire and smoke move quickly. Every second counts when you are trying to escape a fire. Everyone must know what to do and where to go when the smoke alarms sound. Take a few minutes with everyone in your home to make a home fire escape plan, following the instructions below.



1 Draw a floor plan of your home



Use the grid on the back to draw a floor plan of your home. You should draw a plan for each storey of your home.

Include all possible emergency exits

Draw in all the doors, windows and stairways. This will show you and your family all possible escape routes at a glance. Include any features, such as the roof of a garage or porch, that would help in your escape.

Show two ways out of every room, if possible.

The door will be the main exit from each room. However, if the door is blocked by smoke or fire, identify an alternate escape route, which could be a window. Make sure that all windows can open easily and that everyone knows how to escape through them to safety. If windows have security bars, equip them with quick-releasing devices.

4. Does anyone need help to escape?

Decide in advance who will assist the very young, older adults or people with disabilities in your household. A few minutes of planning will save valuable seconds in a real emergency.

5 Choose a meeting place outside

Choose a meeting place a safe distance from your home that everyone will remember. A tree, street light or a neighbour's home are all good choices. In case of fire, everyone will go directly to this meeting place so they can be accounted for.

Call the fire department from outside your home

Don't waste valuable seconds calling the fire department from inside your home. Once you have safely escaped, call the fire department from a cell phone or a neighbour's home.

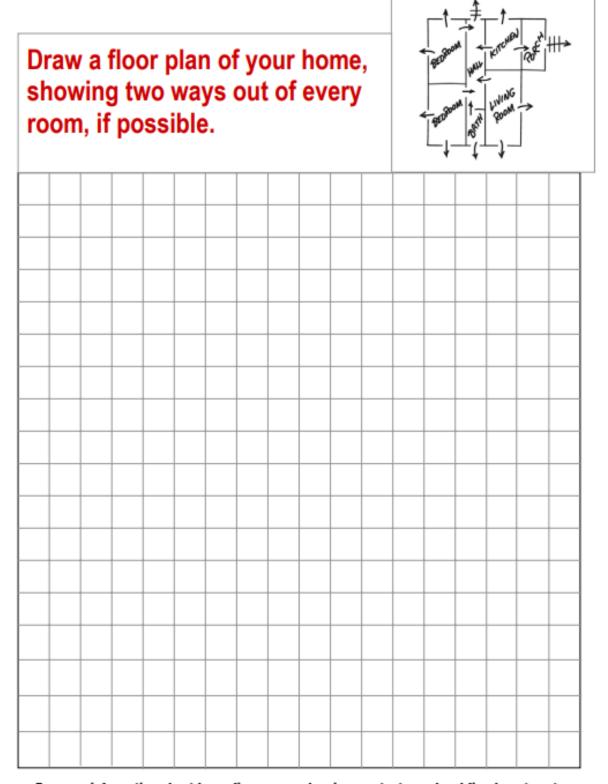
7. Practice your escape

Review the plan with everyone in your household. Walk through the escape routes for each room with the entire family. Use this walk-through exercise to check your escape routes, making sure all exits are practical and easy to use. Then hold a fire drill twice a year and time how long it takes. In a real fire, you must react without hesitation as your escape routes may be quickly blocked by smoke or flames.

Remember:

- Plan two ways out of every room, if possible
- Hold a fire drill twice a year
- Install smoke alarms on every storey of your home and outside all sleeping areas

If you live in a high-rise apartment building, contact the building management for information on what to do if there's a fire in your building.



For more information about home fire escape planning, contact your local fire department.